

## **BROWN 3 BELT**

1. Thrusting Limb
2. Stone Warrior
3. Sweeping Branches
4. Passing Wind
5. Twisting Staves
6. Guiding The Staff
7. Cyclone
8. Double Spear
9. The Escape
10. Whirling Thorn
11. The Wedge
12. Opening The Fan
13. Circling The Pagoda
14. Slashing Cougar
15. Dropping The Staff
16. Twisting Knee
17. Double Asp
18. Covering Talon
19. Vise
20. Chinese Pinchers
21. Turning The Handle
22. Snapping The Rod
23. Turning The Blade
24. Attack From The Temple
25. Stretching The Bow
26. Whirling Warrior
27. Crouching Tiger
28. Breaking The Staves
29. Parting The Reeds
30. Whirling Mantis