

## BLACK 5 BELT

1. Sumo
2. Japanese Strangle Hold
3. Headlock
4. Crash of the Eagle
5. Grasping Talon
6. Dancer
7. Opponent at Sides
8. Passing the Horizon
9. Kimono Grab
10. Lever
11. Knee of Vengeance
12. Two Man Crashing Elbows
13. Bridge
14. Bear Hug
15. Aiming the Spear
16. Scimitar
17. Raising the Staff
18. Rocking Elbow
19. Anvil
20. Knee Lift
21. Crane Leap
22. Crossing Guard
23. Striking Fang
24. Breaking the Sword
25. Attack of the Temple
26. Bowing to Buddha
27. Dart
28. Bridging the Gap
29. Reversing Grasp
30. Flashing Daggers
31. Bending the Limb
32. Covering Talon
33. Darkness
34. Folding Wings
35. Arcing Blades
36. Five Swords
37. Flowing Hands
38. Whirling Blades
39. Crossing Hammers
40. Thundering Hammers
41. Crossing the Mountains